

SRGC Rifle and Pistol Marksmanship Proficiency (MP 101) Basic Safety Course

Course purpose: The course training objective is to be proficient in safely engaging a target from a static position with a rifle or shotgun, slinging the rifle or shotgun, the transition to drawing a hip or thigh holstered handgun and engaging a target and reloading.

Standard: Students must perform each drill without violating any of the major safety rules, all rounds fired impacting down range in a safe manner.

End state: Once the training objective is successfully accomplished, an MP 101 card will be issued to the student satisfying the range requirement of safely engaging a target while conducting transition firing from a sling long gun to a holstered handgun.

Minimum required gear:

1. Handgun with holster (no concealed carry, shoulder, and cross draw)
2. Rifle with sling or shotgun with sling
3. Two magazines per pistol and rifle
4. Two-speed loaders per revolver and shotgun
5. Magazine or speed loader carriers as appropriate
6. Eye and ear protection
7. Ten rounds of handgun ammunition, and ten rounds of rifle or shotgun ammunition

Student/instructor ratio: 3/1

Course Setup: Shooter equipment staged on the firing line, the target set up 7-10 meters from firing line, and spaced accordingly.

Course Outline:

1. Introduction and purpose of the course
2. Firearms and range safety fundamentals
 - a. NRA safety rules
 - i. Keep the gun pointed in a safe direction
 - ii. Keep your finger off the trigger until ready to shoot
 - iii. Keep the gun unloaded until ready to use
 - iv. Know your target and what is beyond
 - b. Flagging
 - c. Know the SRGC Consolidated SOP
 - d. Static firing only
 - e. Weapon safety status (green, amber, red/hot)
 - f. Ready positions (low ready v. high ready)
 - g. Weapons malfunction, and reloading demonstration

3. Familiarization of Long Gun Sling: The Coordinator will demonstrate the proper technique in safely firing a slung long gun, while maintaining positive control, and accurately engaging the target. The student will conduct a dry fire with the long gun using the techniques and safety procedures learned from the Coordinator.
 - a. Long gun dry fire
 - i. Sling an unloaded long gun, load empty magazine or simulate loading shotgun
 - ii. Starting position: low/high ready
 - iii. The course of fire: simulate two rounds center mass hit
 - iv. Number of repetitions: until proper technique demonstrated
 - v. Total round count: simulated
 - b. Long gun live fire (not timed, repeat as needed)
 - i. Load: two magazines with two rounds each
 - ii. Starting position: low/high ready
 - iii. The course of fire: two rounds center mass, reload, two rounds center mass
 - iv. Number of repetitions: two
 - v. Total round count: four

4. Familiarization of Holster Draw: The Coordinator will demonstrate the proper technique in safely drawing from a holster, while maintaining positive control, and accurately engaging the target. The student will conduct a dry fire from the holster using the techniques and safety procedures learned from the Coordinator.
 - c. Handgun dry fire
 - i. Holster an unloaded handgun, load empty magazine or simulate loading revolver
 - ii. Starting position: low/high ready
 - iii. The course of fire: simulate two rounds center mass hit
 - iv. Number of repetitions: until proper technique demonstrated
 - v. Total round count: N/A
 - d. Handgun live fire (not timed, repeat as needed)
 - i. Load: two magazines with two rounds each or speed loader
 - ii. Starting position: low/high ready
 - iii. The course of fire: two rounds center mass, reload, two rounds to center mass
 - iv. Number of repetitions: two
 - v. Total round count: four

5. Long Gun to Handgun Transition: The Coordinator will demonstrate the proper technique in the transition from a long gun to a holstered handgun, while maintaining positive control, and accurately engaging the target. The student will conduct a dry fire transition using the techniques and safety procedures learned from the Coordinator.
 - e. Transition dry fire

- i. Load: sling and holster unloaded weapons
 - ii. Starting position: long gun at low/high ready
 - iii. The course of fire: simulate two rounds center mass hit, the transition to handgun, two rounds center mass hit
 - iv. Number of repetitions: until proper technique demonstrated
 - v. Total round count: N/A
- f. Transition live fire
 - i. Load: two long gun and handgun magazine with two rounds each or weapon and speed loader
 - ii. Starting position: long gun at low/high ready
 - iii. The course of fire: two rounds center mass, the transition to a handgun, two rounds to center mass
 - iv. Number of repetitions: two
 - v. Total round count: four each long gun and handgun